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Dear Parents/Carers

It seems as though the warm weather has finally arrived! Can I remind parents of a few seasonal adjustments that need bearing in mind at this time of year.

Hayfever

If your child suffers from hayfever please ensure that they are given their medication in the morning before they attend school. Children with hayfever will not be prevented from taking lunchtimes on the field as they will also be using it for PE, games and Sports Events as well as many other activities over the remainder of the term. The office should be notified if your child suffers from hayfever, if they require medication this must be handed to the office with a completed parental agreement form, clearly marked with your child's name in the original container.

Water Bottles

Children will be allowed to take their water bottle out at lunchtimes to ensure that they are kept hydrated during the hot weather. Please ensure that your child has a plastic drinks bottle in school **with their name on it**. These bottles should contain WATER ONLY. These should be taken home at the end of the day and washed.

Suncream, Hats and Sunglasses

As the weather improves the children frequently spend time outside during the day. They are encouraged to spend time in the shade when it is hot; for instance, in the outside classroom or under the shade of the trees. The provision of more shaded areas is something we plan to develop, but at the moment we need to make sure that the pupils are aware of the places where there is shade and encourage them to sit there.

In hot weather we ask that sun cream is applied daily before school. Please remember to apply sun cream to all parts of the body which will be exposed including the neck and ears. When buying sun cream the advice is to look for a minimum of SPF 30. Children are permitted to bring a small bottle of sun cream to school in their bag but for health and safety reasons this **must not be in the form of a spray**. The cream must be kept in their bag during the day and they must be able to take responsibility for applying it themselves at the start of lunchtime.

Children are strongly advised to bring a sun hat / cap to school and will be encouraged to wear it whilst outside. The best hats either have a brim or are caps which have a flap to protect the back of the neck. Again, please ensure that your child's name is clearly legible.

Children are not permitted to have sunglasses in school as these are very dangerous and can result in injury if they get knocked during play times.

Yours sincerely

Mrs Deborah Johnson
Headteacher